

The Constellation

connecting local responses around the world



Harvesting Strengths developed 'Behind the Mask'

Wednesday 24 June

10-12 Brussels

11-13 Nairobi

Announcement:

<https://events.humanitix.com/harvesting-strengths-developed-behind-the-mask>

Documents:

<https://drive.google.com/drive/folders/1pYx6QPTELGdoZfEmLkde9WljZM9EiNuj>

Name and Home country of your host team members

Meble Birengo - Kenya

Marie Lamboray - Belgium

Marlou de Rouw - France

A two sentence description of your session based on the idea from your submission

What strengths and new skills did you develop during the Corona crisis? Look Behind the Mask of diverse people in diverse settings and explore together which strengths can help society turn crisis in opportunity.

Context:

CO-CREATING OUR FUTURE STORIES OF HOPE AND ACTION

A "Glocal" Asset And Strengths Based (Un)Conference

Hosted by Global Asset & Strength Based Practitioners

OVER 48 HOURS OF GLOBAL HOSTING ON ZOOM

<https://asyouopenyoureyes.com/behindthemask>

Session Outcomes: *What would we like to achieve during the session:*

- Share inspiration,
- Encourage people to use their own strengths
- Space to share what is holding them up during covid-19
- “This was refreshing in a different way. I can take something from this to my life/community)
- Creative different ways.
- 3 - 4 synthesized Knowledge Assets: Lesson learnt from COVID-19

General Process Structure

Pre-starting: Check-list

1. Give time for others to join,
2. Snapshots of the participants
3. Setting up of the videos
4. All discussion questions ready typed;- and sequentially projected on shared screen as we set up for groups
5. Have the behind the mask image on the shared screen before starting.
6. David and Jessica joining, as well as some protagonists
7. Allow participants to join in
8. All links set - Marie

9:45 - 10:00 Marie, Meble and Marlou come online for Handover from earlier session

Here is your zoom link:

<https://us02web.zoom.us/j/81217847555?pwd=cExPOW14bWc5OWo2czZlZmlxSUcrdz09>

Here is the password: 107320

Your Zoom host is: Michelle Dunscombe mobile: +61 400 578 662

Your G-Host is: Stacy Jacobs

Materials:

<https://drive.google.com/drive/folders/1pYx6QPTELGdoZfEmLkde9WljZM9EiNuj>

10:00 - 10:05

- Please remember to start recording your session when you start and select the SAVE to CLOUD Option. Marlou
- Allow people to join
- Alternating slides on screen.
- Participants introduce themselves in the CHAT box as they come in” Name, country and what pulled them to this session.

Marlou: share screen

Marie: write question in the chat box:

10:05 - 10:20 (15 minutes)

First Session: Introductions: Meble

Theme and title: Session Five of the Conference:

Harvesting Strengths developed behind the Mask.- turning a crisis into opportunities.

Housekeeping

- **Please introduce yourself in the Chat box:** Name, country and what pulled you to this session? *Who am I in the context of covid-19? What has been my identity?*
- Taking photos.
- Masks or fabric closer to you
- Check if we are recording
- Recognize; all Nationalities, and land represented in the workshop
- Recognize the ABCD work and organizers, introduce our G-host Stacy and Michelle
- Introduce The host team: Marie wave,, Marlou wave
- Introduce; Marlou - and introduce who we are as The Constellation

Time	Process	Notes	Key person
	Official welcome to everyone		Meble
	Who are we as the hosts?		
	Who are we as The Constellation and what is our Dream?	Marlou (slide dream of The Constellation and SALT/CLCP)	

Participants engagement: Meble continues: before welcoming Jessica and David and celebrities of tools for the day.

Introduction and Overview to the session/flow and process for the two hours harvesting process:

Rationale for the topic and Behind the Mask: and our Tools:

1. Harvesting strengths developed 'Behind the Mask', and personal, group or community experiences in dealing with covid-19
2. Tool: Behind the Mask videos
3. Development of strengths for future responses by communities and adapting to the new normal with covid-19

Introduce Jessica and David: How did Behind The Mask come about and why is it special - what strengths did you discover in yourself?

Special recognition to Protagonists/Celebrities: People featuring in the videos

1. Blaise from Togo
2. Noémi in The Netherlands
3. Michael in Uganda
4. Loli in France

10:20 - 11:05 (45mins) - Meble

Second session: Group Discussions/Breakout Rooms:

Tools: Using Behind the Mask videos

Facilitator: Sets up the groups and the discussions and introduces the questions

Time	Process in breakout rooms	Prep/Questions/tools	Facilitator
10min	Watch 2 videos	<p>GROUP 1</p> <p>Share https://vimeo.com/421079754 Skilful https://vimeo.com/425808519 Noémi, Mohammed, Mohammed, Lévi ****</p> <p>GROUP 2</p> <p>Neighbors first https://vimeo.com/416003688</p> <p>Imagine https://vimeo.com/428041423 David/jessica, Lisa, Michele, Loli *****</p> <p>GROUP 3</p> <p>Positive vibes https://vimeo.com/418490483 Move https://vimeo.com/423535799</p> <p>Brian, Stacey, Teri, Anita</p>	<p>Marlou to prepare 5 subgroups. Random - reassign familiar people according to need.</p> <p>Marie, Meble and Marlou do not join the breakout rooms.</p> <p>marlou shares the links to video's via chat in each group.</p> <p>Group can choose to watch via 'share screen'</p>

		<p>*****</p> <p>GROUP 4 Imagine https://vimeo.com/428041423 Skilful https://vimeo.com/425808519 Anne, Jude, Nisar, Roisin</p> <p>*****</p> <p>GROUP 5 Imagine https://vimeo.com/428041423 Skilful https://vimeo.com/425808519 Agnes, Joanne, Michael, Philip</p>	or each in own time.
20 min	Group Discussion:	<p>What strengths did we see from the videos?</p> <p>What do you think was the motivation behind the strengths highlighted in the videos?</p>	<p>Self organized - send questions via chat to each group.</p> <p>Each group to have a person to document/and present your summary feedback:</p> <p>Find ways to cheer your presenter during plenary</p>
15 min	Plenary presentation and sharing	<p>All groups share: Lessons pulled from the discussions:</p> <p>5 groups, 3 minutes each</p>	<p>Constellation Facilitator</p> <p>Constellation documenter synthesizing all lessons as they are shared in a separate document</p>

Alerts to be shared when time is closing in.....2min and 30sec warnings... - **Marlou**

11:05 - 11:10

3 Min: Interlude: Facilitator sets it up:
Grab a mask and show who is Behind the Mask
Marlou: make a screenshot!

11:10 - 11:45

35 Min: Third Session: Groups: Focus: Personal experiences

Meble: Facilitator: Sets up the groups and the discussions

Time	Process	Questions	Facilitator/Documentor
	<p>Participants discussions: Group Discussion:</p>	<p>What have been my pressing worries/concerns in the covid-19 era?</p> <p>What strengths have I seen in</p>	<p>Self Organized</p>

20 min		<i>myself/my community during this covid-19 era?</i>	<i>(Marlou sets up same groups) - show questions on screen and share in chats to each group</i>
		<i>What have been our greatest lessons on how we live together?</i>	
15 min	<i>Plenary presentation and sharing: Part I</i>	<i>Each group - feedback on lessons/principles harvested in the discussions. 5 groups, 3 minutes each</i>	<i>Constellation Facilitator Meble</i>

11:45 - 12:00

15 Min: Plenary Part II:

Meble: Plenary Open Discussions and Debrief:

Synthesis and learning: **Marie** shared screen for key learning points

Open reflection from the lessons learnt (**What are your key take aways, Aha moment? Light bulbs; - for critical application in my personal/family/community life from the sessions?**)

Vote of Thanks; - cheerio.....cheerio....

Marie, Meble and Marlou: - debrief and action next steps to finalize the harvesting process for sharing and learning across the network.

Post-(un)Conference

Create a small summary including sense-making of the session to add to your Harvest

Add your session's Harvest to your folder in GSuite

Attend and participate in the post-event webinar hosted by the Coady Institute and share lessons from the (un)Conference